

MONKI DO LTD
TATTOO AFTERCARE INSTRUCTION

NOW YOUR TATTOO IS COMPLETE IT IS YOUR RESPONSIBILITY TO FOLLOW THE AFTERCARE INSTRUCTIONS UNTIL YOUR TATTOO HAS FULLY HEALED.

HERE IS A GUIDE TO LOOKING AFTER YOUR NEW TATTOO -

1. WASH YOUR HANDS - Hand washing is the single most important method of reducing infection. Hands **MUST** be washed prior to touching the affected area.

Wash your hands with antibacterial soap and warm water. Once you have done this dry your hands thoroughly with a **CLEAN** towel or a paper towel.

2. CAREFULLY REMOVE THE DRESSING COVERING YOUR TATTOO- We recommend doing this no more than 24 hours after your tattoo appointment.

3. CLEAN YOUR TATTOO WITH WARM WATER AND 'AFTERCARE SOAP' - This can be done in the shower or with a wash. Bathing is not recommended until the tattoo is fully healed. 'Aftercare soap' is available at Monki Do Tattoo Studio.

4. CAREFULLY PAT DRY WITH A CLEAN TOWEL - Ensure the towel you use is fully clean prior to drying the freshly tattooed area.

5. APPLY A THIN LAYER OF TATTOO AFTERCARE CREAM OR SALVE- Put a small amount of aftercare on to the tattooed area and gently work in to the skin. Wipe away any excess cream/salve. Aftercare cream and salve are available at Monki Do Tattoo Studio.

6. REPEAT STEPS 1,3,4 AND 5 FOUR TIMES DAILY UNTIL YOUR TATTOO HAS FULLY HEALED - It is highly recommend that the healing area should not be touched except when cleaning or applying aftercare cream/salve. For the first week or so it is normal for the area to be red and tender.

IT IS USUAL FOR A HEALING TATTOO TO FORM A MILD SCAB.

DO NOT PICK OR SCRATCH THIS SCAB.

ONCE THIS SCAB HAS NATURALLY FALLEN OFF START APPLYING A MOISTURISING LOTION. APPLY THIS 3 – 4 TIMES A DAY UNTIL YOUR SKIN APPEARS AND FEELS SUPPLE.

Usual healing times for fresh tattoos is 10 – 14 days.

If aftercare instructions are not followed infections may occur.

The signs of infection are:

- **Swelling and redness that increases around the wound.**
- **A severe burning and throbbing sensation around the site.**
- **Increased tenderness and increasingly painful to touch.**
- **An unusual discharge (yellow or green) with an offensive smell.**

Contact us or seek medical attention immediately if you suspect any of the signs of infection listed above or if there are any signs of an allergic reaction to any of the products used.

- **AVOID CONTACT WITH DIRT, DUST, OIL, GREASE OR HAZARDOUS WASTE.**
 - **COVER YOUR TATTOO WITH A NON STICK DRESSING TO PREVENT CONTACT WITH ANY ENVIRONMENT THAT COULD BE HARMFUL TO YOUR HEALING TATTOO.**
- **DO NOT USE SUN BEDS OR SUNBATHE WHILST YOUR TATTOO IS HEALING.**
- **DO NOT SWIM OR SOAK YOUR TATTOO UNTIL IT IS FULLY HEALED.**
- **USE SPF 30 (minimum) SUN LOTION ON FULLY HEALED TATTOOS**
- **DO NOT USE OR EXPOSE YOUR HEALING TATTOO TO ANY PRODUCTS THAT ARE NOT DESIGNED FOR THE AFTERCARE OF TATTOOS.**

PLEASE CONTACT US IF YOU HAVE ANY QUERIES -

TEL: (01773)821666

EMAIL: enquiries@monkido.com